

Programme at a Glance

Educational	Research	European	Clinical/Therapeutic	Mental Health Policy	Ask the Expert
Forum	EPA Course	EPA TV	Oral Communication QA	Industry Session	

Section Session	EPA Course (Pre-registration required)	Early Career Psychiatrists Session	Fully Live Session with Live Q&A	On Demand with Live Q&A	Voting
Product Theatre	EPA TV	Ask the Expert			

EPA VIRTUAL 2021 CONGRESS WILL OFFICIALLY RUN ON CENTRAL EUROPEAN SUMMER TIME (CEST)

The programme is subject to change. To see the latest version, please refer to the interactive programme on the congress website

Saturday, 10 April 2021

Channels	Plenary	EPA Course				Satellite Symposia	
7:00 - 8:00	Symposium: When East Meets West, the Treatment of Depression is at its Best 						
8:00 - 9:00							
09:00 - 11:30	EPA Forum: Benchmarking Mental Health in Europe: Quality Indicators for Better Services and Care 						
11:30 - 12:00							
12:00 - 13:00	Opening Ceremony 						
13:00 - 14:00							
14:00 - 16:00		EPA Course 1 Comorbidities of ADHD Across the Lifespan 	EPA Course 2 The ABC of the Clinical-diagnostic Interview 	EPA Course 3 Arsenic and Old Lace: Prescribing Psychotropics in Old Age <i>Proposed by the EPA Section on Old Age Psychiatry</i> 	EPA Course 4 Useful Open Science Tools to Do Research in Psychiatry 		
16:00 - 16:30							
16:30 - 18:30		EPA Course 5 Psychiatric Management of Borderline Personality Disorder (BPD) With or Without Psychotherapy 	EPA Course 6 Risk Assessment and Risk Management of Violent Patients in General Psychiatry <i>Proposed by the EPA Section on Forensic Psychiatry</i> 	EPA Course 7 Lifestyle Modification for Improved Outcomes in Major Psychiatric Disorders 	EPA Course 8 Reshaping Training: Integrating Modern Neuroscience to Prepare Modern Clinical Psychiatrists 		
18:30 - 19:00							
19:00 - 20:30					INDUSTRY SESSION* 	INDUSTRY SESSION* 	

Visit the Exhibition, view the On-Demand Sessions and the e-Poster Area

*Industry Session not included in the main event CME/CPD credit

Sunday, 11 April 2021

Channels	EPA TV	Plenary	Channel 1	Channel 2	Channel 3	Channel 4	Channel 5	Channel 6	Channel 7	EPA Course	Ask the Expert	Chatrooms (Networking Lounge)	Satellite Symposia
7:00 - 8:00		Symposium: East Meets West: How did Psychiatric/Mental Health Services Deal with the COVID-19 Pandemic? 											
08:00-09:30			The Neuroimaging of Pharmacological Effects (ECNP Symposium hosted by the EPA) 	Debate: The COVID-19 Pandemic: Is it a Turning Point for e-Health? 	Symposium: Recent Progresses in Women's Mental Health <i>Proposed by the EPA Section on Women, Gender and Mental Health</i> 	Symposium: Genomic and Transcriptome Signatures of Endophenotypes of Major Depressive Disorder: Recent Insights, Current Challenges and Future Prospects 	Symposium: Health and Environmental Resilience: Effects of Urbanisation, Climate Change and Environmental Determinants on Mental Health 	Workshop: Psychological and Psychiatric Issues in the Care of Transgender Children, Adolescents and Adults: Overcoming Health Care Barriers 	Workshop: Transcranial Direct Current Stimulation (tDCS) in Depression Treatment (08:00 - 09:05) 	EPA Course 9 (8:00 - 10:00) Depression in Old Age: State of the Art <i>Proposed by the EPA Section on Old Age Psychiatry</i> 	EPA Course 10 (8:00 - 10:00) Early Intervention in Psychosis: Working as a Team and Involving Families 		
09:30-10:00	Daily Overview												
10:00-11:30			Symposium: Implementing Digital Mental Health Across Europe 	ECP Symposium: Perinatal Psychiatry: Is It All About the Mother? 	Symposium: Psychopharmacology During Infections, Including COVID-19 <i>Proposed by the EPA Section on Psychopharmacology</i> 	Symposium: Predicting the Outcomes in Psychosis: Recent Advances in Molecular Profiling, Neuroimaging and Machine Learning <i>Proposed by the EPA Section on Neuroimaging</i> 	Workshop: Psychiatric Genetics: What a European Psychiatrist Should Know in 2021? 	Workshop: Practical Suggestions on the Clinical Ethical and Economic Consequences of the COVID-19 Pandemic on Mental Health 	Symposium: Improving Care for Patients with Co-occurring Addictive Disorders Through Personalised and Integrated Addiction Psychiatry <i>Proposed by the EPA Section on Addictive Behaviours</i> 			Oral Communication QA : Schizophrenia and Other Psychotic Disorders	
											Transdiagnostic Approaches to the Treating Anhedonia in Schizophrenia and Depression (10.30 - 11.30) 	Potential of EEG and ECG Biomarkers as a Treatment Stratification Tool in Depression: Precision Psychiatry or Stratified Psychiatry? (10.30 - 11.30) 	
11:30-12:00	Morning Interviews												

Sunday, 11 April 2021 (continued)

Channels	EPA TV	Plenary	Channel 1	Channel 2	Channel 3	Channel 4	Channel 5	Channel 6	Channel 7	EPA Course	Ask the Expert	Chatrooms (Networking Lounge)	Satellite Symposia	
12:00-13:00		Plenary: Violence Against Women and Mental Health												
13:00-13:30	Midday Roundup													
13:30-15:00													INDUSTRY SESSION* (13:30 - 14:30)	
15:00-15:30	EPA Extras													
15:30-17:00			Symposium: Evidence-Based Family Interventions in Perinatal Psychiatry	ECP Symposium: Treatment Against Your Will: Views from the Stakeholders	Symposium: Autism Spectrum Disorder: Challenges in the Assessment and Management Across the Lifespan <i>Proposed by the EPA Sections on Child and Adolescent Psychiatry and Neurodevelopmental Disorders Across the Lifespan (NDAL)</i>	Symposium: The Complex Inter-relationship Between Therapeutic Interventions, Neuroanatomy and Cognition in Major Psychoses <i>Proposed by EPA Section on Neuroimaging</i>	Symposium: e-Mental Health and the Future of Psychiatric Diagnosis <i>Proposed by the EPA Section on TeleMental Health</i>	Symposium: Preventing the Hype, Hope and Disappointment Cycle in Early Intervention of Psychosis <i>Proposed by the EPA Section on Prevention of Mental Disorders</i>	Symposium: Next Chapters in the Story of Internet-based CBT: Implementation, Personalisation and AI-driven Decision Support Tools <i>Proposed by the EPA Section on Psychotherapy</i>	EPA Course 11 (15:00-17:00) Medical Ethics in Psychiatry	EPA Course 12 (15:00-17:00) Clozapine: Chances and Pitfalls	Oral Communication QA : COVID-19 and Related Topics	INDUSTRY SESSION* (13:30 - 15:00)	
17:00-17:30	Highlights of the Day													
17:30-19:00			State of the Art: Digital Interventions in Severe Mental Disorders (17:30 - 18:15)	ECP Symposium: Are you Online?	Symposium: Social Distancing and Suicide in COVID-19 Age	Symposium: Epigenetic and Metabolic Mechanisms of Brain Plasticity for Personalised Interventions in Neuropsychiatric Disorders	Workshop: Recently Proposed Trans-diagnostic Criteria for Apathy: Commonalities and Differences With the Avolition/Apathy Domain of Schizophrenia <i>Proposed by the EPA Section of Schizophrenia</i>	Symposium: On a Level Playing Field with Forensic Psychiatry?	Symposium: Personalising ECT for Depression		How to Organise MH Service to Support New Mothers (17.30 - 18.30)	Good Parenting: How to Prevent MH Disorders Early (17.30 - 18.30)	Oral Communication QA : Women, Gender and Mental Health	
			State of the Art: Digital-based Parent Training (DPT) Programmes for Parents of Children with Disruptive Behaviours (18:15 - 19:00)											

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*Industry Session not included in the main event CME/CPD credit

Monday, 12 April 2021

Channels	EPA TV	Plenary	Channel 1	Channel 2	Channel 3	Channel 4	Channel 5	Channel 6	Channel 7	Chatrooms (Networking Lounge)	Ask the Expert	EPA Course	Product Theatre
08:00-09:30			Symposium: Implementing Alternatives to Coercion in Mental Health Care	ECP Symposium: Trauma and Public Mental Health	Symposium: Advances in the Pathophysiology of Eating Disorders: Implications for Treatment	Workshop: (Assisted) Suicide in the Elderly	Symposium: The Four Views of the Future of Psychiatry	Symposium: Challenging Stigma attached to Mental Disorders in Different European Countries: Understanding and Doing Something	Symposium: Behavioural Addictions During Social-distancing for the COVID-19 Pandemic			EPA Course 13 (8:00 - 10:00) Non-invasive Brain Stimulation (ECT, rTMS, tES): Last Evidence for Up-to-date Daily Practice (Psychosurgery and Stimulation Methods)	
09:30-10:00	Daily Overview												
10:00-11:30			Debate: Legalisation of Cannabis: Is it Harmful or is it a Needed Change?	EPA, EAN and EFPA Joint Symposium: You Can Tell a Good Workman by His Tools: The Instruments of Psychiatrists, Psychologists and Neurologists. Why so Different?	Symposium: Novel Pharmacotherapeutic Strategies for Regaining Control Over Alcohol Intake in Alcohol Use Disorder	Symposium: Nutritional Psychiatry	Workshop: The Impact of the COVID-19 Pandemic on Women's Mental Health and Service Delivery: What Have We Learnt?	Workshop: Advancing Community-Based Mental Health Care in Europe: Early Findings and Lessons Learned from the RECOVER-E Project	Workshop: Adaptations of the Project ECHO Model of Tele-education to Address Child Mental Health Disparities Internationally	Oral Communication QA : Child and Adolescent Psychiatry	How to Fight Against Violence Towards Women (10.30 - 11.30)	Women as Leaders (10.30 - 11.30)	
11:30-12:00	Morning Interviews												
12:00-13:00		Plenary: Empathy and Embodied Self: Neural Underpinnings of Interpersonal Relations											
13:00 - 13:30	Midday Roundup												
13:30 - 14:15													PRODUCT THEATRE
14:15 - 14:45													PRODUCT THEATRE
14:45 - 15:00													PRODUCT THEATRE

Monday, 12 April 2021 (continued)

Channels	EPA TV	Plenary	Channel 1	Channel 2	Channel 3	Channel 4	Channel 5	Channel 6	Channel 7	Chatrooms (Networking Lounge)	Ask the Expert	EPA Course	Product Theatre
15:00 - 15:30	EPA Extras												
15:30 - 16:15			State of the Art: The Clinical Characterisation of the Patient with Primary Psychosis Aimed at Personalisation of Management	Best of 2020: Research that Advanced Psychiatry and Changed our Practice	Symposium: Rational Approaches to Polypharmacy in the Treatment of Schizophrenia	Symposium: The Impact of COVID-19 on Mental Health and Mental Health Professionals: Two Large Longitudinal Studies	Symposium: Suicidal Risk in Bipolar Patients: Vulnerability and Mediators?	Workshop: The European Brain Research Area: A Catalysing Initiative for Brain Research Stakeholders in Streaming Brain Research Across Europe		Oral Communication QA : Depressive Disorders	The Less Expected Consequences of the COVID Pandemic (15:30 - 16:30)	Mindfulness & Compassion: Indications for Use in Psychiatry and Public Health (15:30 - 16:30)	EPA Course 14 (15:00 - 17:00) Peer Support Workers in Inpatient Mental Health Settings EPA Course 15 (15:00 - 17:00) Personalised Psychopharmacotherapy Using Therapeutic Drug Monitoring and Genotyping
16:15-17:00			State of the Art: Targets and Outcomes of Psychotherapies for Mental Disorders										
17:00 - 17:30	Highlights of the Day												
17:30 - 19:00			Symposium: Consequences of COVID-19 Outbreak on Mental Health	ECP Workshop: What Should Early Career Psychiatrists Know?	Workshop: Diagnosing Borderline Personality Disorder: A Masterclass	Symposium: The Collaborative Outcomes Study on Health and Functioning During Infection Times (COH-FIT): Results in Adults and Youth from over 130 Countries	Workshop: The "Forgotten" Psychiatric Syndromes	Symposium: Physician Aid-in Dying and Mental Disorders	Symposium: COVID-19 Pandemia and the Demented Patients in Nursing Homes <i>Proposed by the EPA Section on Old Age Psychiatry</i>	Oral Communication QA : Bipolar Disorders		EPA Course 16 (17:30 - 19:30) Collaborative Internet-based Research in Psychiatry: An Introductory Course by Early-career Psychiatrists <i>Proposed by the EPA Section on Tele Mental Health</i>	
19:00 - 19:30													
19:30 - 21:00			Debate: Should Schizoaffective Disorder be Diagnosed Cross-Sectionally (ICD-11) Instead of Longitudinally (DSM-5)?	Symposium: Epigenetics in Mental Disorders	Symposium: Early Intervention in Psychoses: Assessment and Treatment to Improve Functional Outcome <i>Proposed by the EPA Sections on Schizophrenia and Prevention of Mental Disorders</i>	Symposium: Update on the Mental Health Consequences of the COVID-19 Pandemic	Symposium: New Perspectives on Bipolar Disorder	Workshop: Youth Mental Health Now: Focus on Prevention, Intervention and Outcomes		Oral Communication QA : Epidemiology and Social Psychiatry			

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Channels	EPA TV	Plenary	Channel 1	Channel 2	Channel 3	Channel 4	Channel 5	Channel 6	Channel 7	Chatrooms (Networking Lounge)	Ask the Expert	EPA Course
08:00-09:30			<p>NPA Symposium: COVID-19 Pandemic and Psychiatry: Challenges, Experiences and Future Perspectives from Different European Countries</p>	<p>ECP Debate: Mental Health Care Has Radically Changed with the Pandemic</p>	<p>Symposium: Improving Real-life Functioning in People with Schizophrenia: From Assessment to Integrated Treatment Plans <i>Proposed by the EPA Section on Schizophrenia</i></p>	<p>Symposium: Integrating Real Work Evidence and Mobile Technology to Reduce Treatment Gaps in Mental Health Care: Lessons from COVID-19</p>	<p>Symposium with the European Institute for Women's Health: Mental Health of Women: What Can We Do to Improve It?</p>	<p>Symposium: Disentangling the Role of Risk and Protective Factors in Development Trajectories Leading to Mental Disorders <i>Proposed by the EPA Sections on Neuroimaging and Epidemiology and Social Psychiatry</i></p>			<p>EPA Course 17 (8:00 - 10:00) Brief Motivational Interviewing Intervention in the Emergency Room: How to Engage Quickly Patients With Addictive Disorders <i>Proposed by the EPA Section on Addictive Behaviours</i></p>	<p>EPA Course 19 (8:00 - 10:00) A Third Wave CBT Universal Protocol and Its Application for Therapy and for a Resilience Prevention Intervention in the Community</p>
09:30-10:00	Daily Overview											
10:00-11:30			<p>Symposium: Difficult to Treat Depression</p>	<p>ECP Symposium: Personalised Psychiatry: Hype or Hope?</p>	<p>Symposium: Racism and Discrimination in Mental Health Care of Forcibly Displaced People Over the Globe</p>	<p>Symposium: Severe Mental Illness in the Perinatal Period: Recognising and Managing Risks <i>Proposed by the EPA Section on Women, Gender and Mental Health</i></p>	<p>Symposium: Psychiatric Education During the COVID-19 Pandemic: Challenges and Opportunities</p>	<p>Workshop: Medication Deprescribing in Elderly Patients with Mental Disorders: Why, When and How? <i>Proposed by the EPA Sections on Psychopharmacology and Old Age Psychiatry</i></p>		<p>Oral Communication QA: e-Mental Health</p>	<p>Psychopharmacology in Patients with COVID-19 (10.30 - 11.30)</p>	<p>Burn Out Among First Line Workers in COVID-19: Is it Preventable at All? (10.30 - 11.30)</p>
11:30-12:00	Morning Interviews											
12:00-13:30	Midday Roundup (13:00 - 13:30)											
13:30-14:00												
14:00-15:00		<p>Plenary: Charting Mental Disorders from Childhood to Adulthood</p>										

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Tuesday, 13 April 2021 (continued)

Channels	EPA TV	Plenary	Channel 1	Channel 2	Channel 3	Channel 4	Channel 5	Channel 6	Channel 7	Chatrooms (Networking Lounge)	Ask the Expert	EPA Course
15:00-15:30	EPA Extras											
15:30-16:15			State of the Art: Virtual Reality: Everything Psychiatrists Should Know	ECP Symposium: Let's Talk About the Pandemic	Workshop: Online Education in Suicide Prevention in the Field of Higher Education in Europe	Workshop: Birth Asphyxia: Is this an Area of Primary Prevention in Schizophrenia?	Workshop: Unmet Needs in Modern Psychiatric Practice: A Collaborative Workshop Between the Committee on Education and EPA Scientific Sections			Oral Communication QA: Eating Disorders		EPA Course 18 (15:00 - 17:00) How to Write a Scientific Paper
16:15-17:00			State of the Art: Personalised Psychiatry and Predictive Modelling: Translational Gimmick or Realistic Way Forward?									
17:00-17:30	Highlights of the Day											
17:30-19:00			Symposium: Network Analysis for Personalisation of Treatment: Understanding Links Among Symptoms, Risk Factors and Functioning	ECP Workshop: Can We Have Your Attention Please?	Workshop: A Role for the International Classification of Functioning, Disability and Health (ICF): Advantages and Limitations in the Treatment and Care of Individuals with Mental Health Problems <i>Proposed by the EPA Section on Mental Health and Intellectual Disability</i>	Symposium: Psychosocial Imaging: Disentangling the Interplay Between Environmental Variables and Psychotic Disorders <i>Proposed by EPA Section on Neuroimaging</i>	Workshop: Faster than Time: Serious Mental Illness and Accelerated Biological Aging	Symposium: Cognitive Remediation in Schizophrenia: New Evidences and Future Perspectives in the Digital Era		Oral Communication QA: Suicidology and Suicide Prevention		EPA Course 20 (17:30 - 19:30) How to Implement Telemental Health Care in Clinical Psychiatry Settings <i>Proposed by EPA Section on Telemental Health</i>

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